

Thomas Mayer

Cooperating with and working together with elementary beings

13 conversations with practitioners

The book “Save the Elementary Beings!” ends with a vision. “I have this vision of the future, in which living together with elementary beings will once again become a common cultural heritage of our civilization.” We have not progressed that far yet, but it is nevertheless quite astonishing how many – even “normal” – humans are already working with nature beings or elementary beings. Thomas Mayer has had conversations with thirteen such people, thus representing a broad spectrum of possible encounters. – We may all benefit from this, if we can once again integrate these beings into our consciousness.

Paperback, 224 pages

Example chapter, p 181 “Sybille Sian Schirmer”

Sian lives in the Black Forest (Germany) and makes gnomes out of felt, which are then inhabited by nature spirits or elementary beings. She is accompanied by her friend Barbara.

...

How is it possible to reconnect humans and the world of elementals through felt dolls?

The elementary archetypes (or daemons) have split off from humans, who have become individualized. Now we are aiming for a re-connection. So, did you refer back to the council of nature spirits to ask them about this?

Sian: As I was unable to understand what Deem-Hee-Tree (a gnome who is Sian’s closest advisor/confidant) meant, he told me about himself and how he came across this Council. Then I made several trips with him to the Crystal City, and together with him asked how it would be possible to bring the nature spirits, in parts, back to humans. How is it possible that the felt gnomes become mediators, so that the nature spirits can come into our world and we can enter the world of the nature spirits? How do you weave a focus? How can the body be materialized to such a point that one can experience what it is like talking to the nature spirits just by looking at them and resonating with them? And how do you do that without turning the object into a “idol”?

...

What did you find out, how it is possible, to reconnect humans and the elementary world?

Sian: It is possible, if you start with a material form and then connect with the human being right there where he/she stands. The thing is to take the human being just as he/she really is, without being judgemental or condemning, because then you would place yourself above him/her.

So that is why you are creating palpable beings, so that humans can, through them, approach the nature spirits and create a relationship of the heart?

Sian: When a human has a Nature Spirit with him/her...the best would be a practical example. Barbara, you take over and explain!

Yes, Barbara, do tell us. You have had these three cute felt gnomes, which you brought with you, for years, and which are sitting down there now.

Barbara: Yes, I love them dearly. When I saw Amandus for the first time, I said to Sian, “If I’m going to have any of them, then it’ll be that one.” She picked him up and said, “He is sleeping now, he isn’t there at the moment.” Then I took him in my hand and his eyes opened! Even I saw that. That was a good sign, so I took him with me.

The gnomes like to see me doing eurhythmics, for example. Then, I always have these new ideas, which I know don't come from me, but from them. Even if I don't pick them up, I can tell by their facial expressions whether they agree with something or not. If I go away and the question arises whether I should take them with me, then it is really always fairly clear, "Come on, take us with you!" How I do that matters not an iota to them. I just have to arrange things so that it works. The easiest way is to tie them in a scarf which I wear.

So they don't want to be carried in a bag?

Barbara: No, I don't think so. Now I take them along on all my journeys. I couldn't do it any other way. I would never leave them at home. A girlfriend of mine once said to her elemental, "Today you can stay at home and I'll take you along "energetically". It confronted her and said, "And are *you* going there "energetically" too?!"

Do you always have to take along all three of them?

Barbara: No. One could, of course only take one along. But you'd have to watch out, because the others who stayed at home, would of course get upset.

So that means, these nature beings are very conscious of themselves in their felt-shapes and like having a material carrier?

Barbara: Yes, they feel visibly good in their material form. They are sure to go off somewhere else at night, as they have many tasks. These beings are unbelievably willing to help and are eager to bring things back to order. Harmony is everything to them. They cannot stand it if there are arguments.

What happens then?

Barbara: They might even leave.....