

RIGHTS GUIDE SPRING 2017



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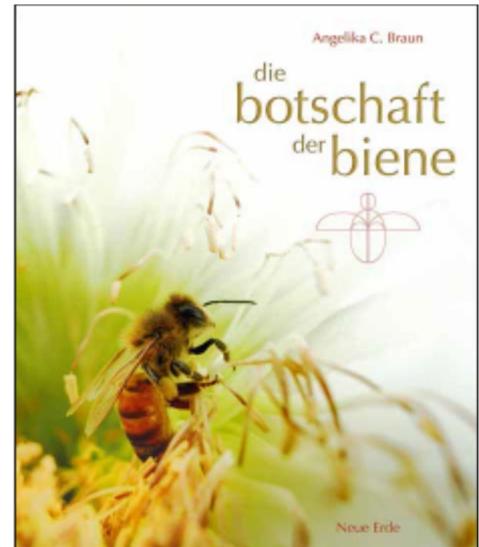
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The Message of the Bees

The big book of bees

Bees are in great danger, and they are finally receiving the increasing attention they deserve. In this volume many people have been able to voice their views about bees, which they regard with immense reverence and astonishment based on their in depth work with bees. Similarly reverence-inducing and amazing are the wonderful photos in this second-to-none book on bees.

- Outstanding photographs
- Interviews with bee-whisperers
- An holistic view of the bee



Bees have existed on this planet for many millions of years and are thought to have evolved in the Cretaceous Age. They are reputed to be messengers from God. Now they are highly endangered, are disappearing, and the natural world is no longer supporting them. Why is this happening? What message are they confronting us with through their lives and deaths? Angelika C. Braun interviewed twelve people with the most diverse backgrounds (Shamanist, Buddhist, Anthroposophical...) and has come into contact with their views on bees and what bees have said to them (and to us!). This book also captivates the reader with its fantastic photographic illustrations which are enchanting and deeply touching.

Angelika C. Braun studied Communications within Society and Business at the Hochschule der Kuenste (Academy of Arts) in Berlin. She has worked as a PR assistant and film-directorial assistant, in the development and concepts of television programmes, and as a co-author for TV drama. From 2003 onward she also worked free-lance in the realms of photography, script writing and design, as well as leading seminars. She lives at Lake Starnberg, Germany.

www.acbraun, www.biografie-werke.de

Hardcover, 336 pages, 250 x 210 mm; 39 Euros, ISBN 978-3-89060-717-7

The Joy of Life - awakening the second chakra

Love, Laughter and Lust – the second chakra

While the first chakra is all about simple survival, the second chakra (also referred to as the sacral chakra) stands for lust for life, the joy of being, and for experiencing the present with all the senses – for pure enjoyment of life. This book is about the cosmic principle and function of the second chakra, about how to bring back into equilibrium possible imbalances, and express the joy of life again.

- Everything about the second chakra (sacral chakra)
- Finding the joy of life again
- Includes a personal test



In many books on the chakras the “lower” chakras are dealt with as mere pre-stages of an ultimate connection with the divine. And yet the higher chakras may only unfold in concert with all the others. While Shai Tubali described all the chakras as the respective connecting links of body and soul in his first book, his new book is dedicated to the second chakra, which is so often denigrated and neglected as the seat of lust, feelings and sensual joys.

In this very detailed work, Tubali not only covers the range of matters connected with the second chakra, but also describes the manifold weaknesses, which may arise here (right through to fear, depression and addiction), and how we may transform these into strengths.

The third part deals with the higher potentials of the second chakra: the enchantment of existing, the creative flow, and a joyous life using all the senses.

Shai Tubali has been occupied for 16 years as a spiritual teacher in Israel, India, and Germany.

He is the author of 19 books on the subjects of philosophy, psychology and spirituality, which have been published in numerous languages.

Shai Tubali has developed the “White Light” method and “Power Psychology”, as well as several methods for healing and opening the chakras. He leads the “Chiro-Yoga” Centre in Berlin. His specialist area concerns the effects of physical yoga on equilibrium and opening of the chakras. His greatest passion centres on the encounter of dynamic movement, sound and meditation.

Philipp Ritzler is a yoga teacher at the “Chiro-Yoga” Centre, Berlin. His specialist area concerns the effects of physical yoga on equilibrium and opening of the chakras. His greatest passion centres on the encounter of dynamic movement, sound and meditation.

www.chiro-yoga.de

Paperback, 192 pages, 146 x 208 mm, Euros18.90; ISBN 978-3-89060-712-2

Walk and feel: a barefoot dialogue with the Earth

Both feet firmly on the ground

It is known that reflex zones for all the organs are located on the soles of our feet. Awareness is growing about how important it is for our wellbeing to walk barefoot as often as possible. This book wishes to convey that walking barefoot will also connect us with the Earth, so that we are better able to perceive her and enter into a lively exchange with her.

- Both feet on the ground
- Subject: walking barefoot
- Practical walking and perception exercises



“How’s it going?” – “Still going?” Our feet carry us, but are we walking properly? – And are we going about them the right way?

This compendium, written in a lively style, would like to direct our attention to how we walk and all that is attached to it. How important are our senses and what we are feeling and experiencing while we are walking? How important is it that we are ‘earthed’, and that we feel firm ground under our feet? And last but not least, how do we tread and place our feet?

A central chapter of the book deals with walking on the balls of our feet or on our heels and what the manner of walking does to us. Walking on the balls of the feet means sensing and feeling and connects us with the Earth and her elements, in a dialogue.

The book provides practical exercises on walking and perceiving, which lead us to a deep, feeling connection with the Earth on which we stand and walk, and the landscape in which we move about.

Johanna Goede, born 1962, mineralogist with diploma, trained as a geo-culture coach RBA at the axis mundi AKADEMIE, trained as a yoga teacher. Born in Bavaria, grew up in natural surroundings; work experience in very many different branches of business, among others, patenting, international concert management, as a management consultant in the areas of product development, public relations, and advertising. She lives near Munich.

Paperback, 144 pages, 146 x 208 mm; Euros14.90; ISBN 978-3-89060-709-2

Female Warrior: the woman who dances with fire

The Path to being a true woman

The path of the female warrior, which Dorit Stövhase-Klaunig describes in her third book, is not one of being against an external enemy. The latter is always, after all, merely a projection from one's own inner Self. The theme here is about a struggle and discussion on the inner "battlefield", and finally about creating peace in one's own 'body-land'. This is a reflective journey through painful personal and collective experiences toward an inner peace, which may radiate outward and create greater spheres of effectiveness.

- A woman's path to mastery
- Connecting with the source of female power
- In favour of a passionate flow of life energy



The author says, "A true warrior is a woman, who travels through her own inner body-land in a painful struggle with her Self and who has won back and liberated the suffering, sacrificed, lost and occupied regions. She is fighting for a peaceful connection with all the areas and beings of her body-land, so that a natural protective and defensive system can arise. This inner peace in her own body-land creates peaceful connections even in systemic structures, in the family, within her circle of friends and acquaintances right through to peaceful connections with Nature and its Beings, in order to create greater circles of influence and have an inspirational effect on others. "

Her book deals, among other things, with the principles of a female warrior (free will; observation and hunting; riding the boundary), with her tools (drum and sword), her techniques (breathing techniques; dance; hand movements), about Nature as a source of power and about everyday life. The end is about practical exercises, in order to allow the water of life freely to flow again.

Dr. Dorit Stövhase-Klaunig was a high school teacher for sports and biology and, starting with functional sporting exercises, she found a path to the body-aware meditative movements in Chi-gong. For many years she has been working as a Chi-gong and fasting instructor. As a non-medical practitioner, she works with an emphasis on TCM, psycho-kinesiology and classical homeopathy in the area of Schwerin, Germany. Additional information: www.dorit-stoehase.de

Paperback, 128 pages, 146 x 208 mm, Euros12.90; ISBN 978-3-89060-713-9

The wisdom of the Mothers: healing impulses from the matriarchy

Renewing life energy

Following on from such innovative matriarchy researchers as Heide Göttner-Abendroth and Marija Gimbutas, this book offers not only a backward view of tens of thousands of years of reverence for the Great Mother as the original source of all life, but also demonstrates how the motherly, thriving principles of matriarchy may point us to a path out of the destructions of the patriarchal age.

- Our matriarchal origins
- The transformative power of the matriarchy
- Paths out of social and ecological disaster



If the term “matriarchy” is translated as “the rule of the Mother”, the concept would be too narrow, as the power of the Mother does not lie with holding power, rather with the effective power of her being, on her power to bring forth life. The matriarchal order - which is tens of thousands of years older than patriarchy, which has only been dominant for a few thousands of years - is the basis of the cycle of ever returning and renewing life.

In his book Lothar Beck describes the symbols and original figures of the matriarchal order, which reach right into the early Christian period, and even show Jesus as the one “anointed” by women in a matriarchal tradition. However, this backward view is intended to give us a new view into our future: what are the characteristics of a matriarchal societal order, and how may we find a way to attain a value-creating cyclical economy, networked thinking, and a consensus principle?

This book is a passionate plea for the “motherly” values of protecting, caring for and nurturing, for a regaining of the “being power” of a woman and for the initiation of the man into the rules of life.

Lothar Beck, born 1946, is a theologian and worked as a clergyman for 14 years, followed by about 25 years as a couple and family therapist at the psychotherapeutic centre in Stuttgart, and in his own practise (non-medical practitioner). In parallel he was also worked as a further education instructor in systemic counselling with an emphasis on separation and divorce counselling. Since 2010 he has been intensively occupied with research into matriarchy and connects this with his considerable background in theology, system theory, and family psychology. Lothar Beck lives near Stuttgart.

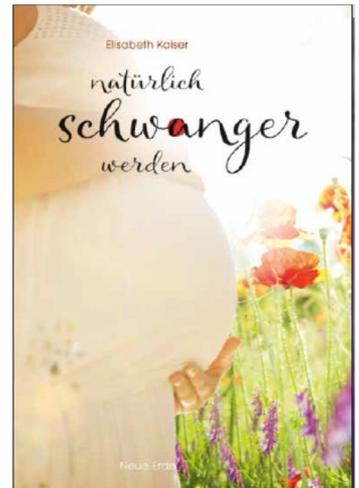
Paperback, 256 pages, 146 x 208 mm, Euros19.90, ISBN 978-3-89060-715-3

Becoming pregnant naturally

Unnecessary artificial insemination

Environmental toxins and interventions in hormonal equilibrium nowadays lead many women to a situation where they would like a child, but do not become pregnant, and end up in the hands of reproductive medicine. Unnecessarily! This book by an experienced non-medical practitioner and midwife explains the connections between this unwanted lack of having children, and offers many tried and tested ways of removing obstacles.

- Realigning the hormonal equilibrium
- Everything on the causes of increasing infertility
- A genuine book on the desire for having a child



Many women turn in desperation, but also with a certain feeling of discomfort to reproductive medicine, when they are unable to have children. This discomfort is justified, if one considers that artificial insemination, where the sperm is injected into the egg, is rather like rape on a cellular level. (In natural conception the sperm collect around the egg cell, which then “chooses” a sperm.)

As a non-medical practitioner Elisabeth Kaiser has counselled many women (and men too) who want children and has been able to help in many cases. The beginning of the process is to review the desire for a child, but does not end with change of diet, getting rid of toxins, and realigning one’s hormonal equilibrium.

This book represents a scientifically founded, comprehensive presentation of the possible reasons for childlessness, and introduces solutions which lead to a loving natural conception and harmonious pregnancy. At the same time, the author encourages personal responsibility, which may liberate us from soulless ‘instrumental medicine’.

Elisabeth Kaiser, born 1944, gained her midwife certificate at age 20, and worked as a midwife in various clinics. In 1984 she became a founder-member of the federation of free-lance midwives, and for more than 30 years has engaged politically and with lecture tours in support of the profession of midwifery. As a non-medical practitioner the main emphasis of her work is on woman who want to have a child, on pregnant women, and on babies and children. Elisabeth Kaiser has two grown-up daughters, one of whom is a pediatric nurse and breast-feeding counsellor. She lives in the Upper Palatinate in Germany.

Paperback, 240 pages, 146 x 208 mm, Euros18.90, ISBN 978-3-89060-710-8.

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