

RIGHTS GUIDE SPRING 2022



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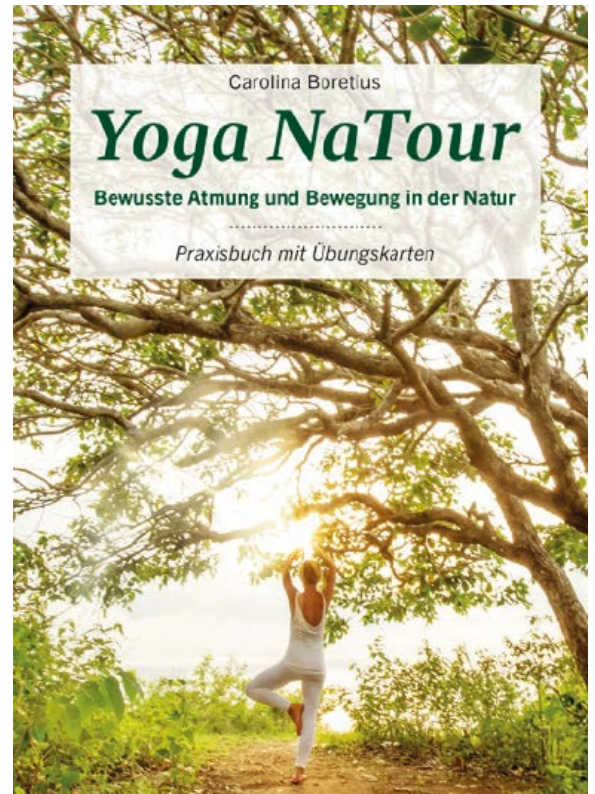
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YOGA IN NATURE

Conscious breathing and movement in Nature

- Simple exercise sequences, suitable even for the novice
- New inspiration even for those knowledgeable about yoga
- Walking, breathing and yoga in Nature
- Memo-cards to take along

***Yoga in Nature* is a book with a set of cards, offering even novices the chance to practise yoga anywhere and anytime. We have explicitly avoided special yoga terms, thus considerably reducing the 'off-putting' threshold. In order to make practising as easy as possible, the memo-cards have been developed in a pocket format, so they are easy to take along for a yoga session in Nature. Before us lies a path to more relaxation, joy, and freedom from anxiety. *Yoga in Nature* presents a simple tool for taking this path.**



The concept of *Yoga in Nature* has been developed for these challenging times of lockdowns. The volume unites components from kundalini yoga, Breath-Walk (meditative walking with breath control) and forest bathing.

This is all about the acceptance of change which we are now constantly faced with, and about yielding to the cycle of Nature. *Yoga in Nature* reflects this cycle through leading us on a tour through Nature, paired with simple yoga exercises, breathing exercises, meditations and meditative walking, in order to offer us more joy and relaxation and freedom from anxiety. The connection to our breath and breathing plays a central role in the practises.

The card set presents directions for 8 sequences of exercise, called cycles:

- Cycle 1 PURE JOY
- Cycle 2 LETTING GO
- Cycle 3 ACCEPTANCE
- Cycle 4. ABUNDANCE
- Cycle 5 HEALING
- Cycle 6. COURAGE
- Cycle 7. LIBERATION
- Mini-Cycle 8 HAPPY & GOOD

The final exercise sequence is a short one, which can be easily carried out with children.

Carolina Boretius was born in Bonn in 1979. As a microbiologist she was always fascinated with the interplay of the micro-and macrocosms and, even as a child, was allowed to dwell on deep encounters as reflected in the mirror of Nature. She is a certified kundalini-yoga teacher, as well as a Breath Walk Trainer (meditative walking) and regularly leads *Yoga in Nature* courses and workshops in the Harburg Hills (Germany), where she has combined her enthusiasm for ceremony and ritual, with her deep connection to Nature, as well as to all her experiences of earthly life. She also participates in and works with festivals of the annual cycles and sweat lodge ceremonies. She lives with her husband and two children south of Hamburg. www.yoga-natour.de

USING PLANTS THROUGH THE ANNUAL CYCLE

Playing, healing and enjoying trees and plants in the annual cycle of festivals

- A very different herbal
- Plant-based rituals, recipes and stories
- A true home manual full of inspiration

This volume is a literal treasure trove for all those who are searching for a deeper connection not only to Nature and plants, but also to the rhythms of the seasons. Coco Burckhardt takes us through the Celtic round of the year, tells us mythological stories, introduces us to the healing powers of trees and plants, shares wonderful recipes, and gives us exciting tips for celebrating festivals. All rounded off with precise explanations of the plants in question.

Based on a thorough course of studies as a phytotherapist and her many years of experience with self-sufficiency and in forest schools, as well as her wealth of folk knowledge, Coco Burckhardt now presents her sixth and most personal volume to date.

The book deals with plant traditions and customs at the respective annual festivals. Initially she provides explanations of the respective annual festivals from pagan (Celtic) and Christian traditions. What was celebrated and how were the old traditions and world views transferred to the Christian church year? This is followed by customs surrounding plants, adapted and still partly commemorated at festivals or during the seasons, along with those that hark back to old customs. The traditions are described in a way that they can be adopted and are placed in the context of plant-based folklore. In addition to short plant rituals, the 'new' customs include diverse recipes for cooking, craft descriptions and how to produce healing remedies. Every festival has its own plant fairy tale, which tells of the origins, mood, and vegetation spirits of the plants at the respective times of the year. Every seasonal chapter also contains four detailed plant portraits, along with general explanations and descriptions concerning knowledge of wild plants.

- Winter: incense
- Spring: wild herbs for cooking
- Summer: producing healing remedies
- Autumn: plant dyes

The end of the book also introduces activities to accompany the seasons. This is a book for people who consciously wish to experience the courses of the seasons, in order to build up a deeper connection with Nature, especially those interested in wild plant lore, customs, traditions and spirituality, as well as forest schoolteachers and Nature pedagogues.

Coco Burckhardt, born 1975, has been steeped in folklore, healing with plants, and agriculture as well as with looking after children in Nature for more than twenty years. From 2007 onward she has been offering seminars for adults and children covering healing with wild plants: natural healing, cooking with wild plants, plant folklore, and using incense. She is the author of several books. She lives in Northern Hessen, Germany and in Brittany, France. www.waldundwiesenwonne.de



CREATING A GAIJA CULTURE

The visionary handbook

- A new understanding of Gaia: our Earth as a conscious being
- Helpful exercises for taking part in this transformational process
- A call for integrating the spiritual areas of our life

Based on many years of geomantic work and manifold communications with other spheres, Marko Pogacnik describes in this book how a new Earth may gradually evolve through learning, initially in the 'causal' or 'archetypal' dimension, and then – along with our actions – take form in our material dimension. This topical book connects dreams and perceptions (awareness) with the messages from Gaia and simple easily followed exercises, which may bring us in tune with the transmutation happening at this time.



Humanity is standing at the threshold of a new phase in Earth's evolution. Breath-taking possibilities – in harmony with the evolution of the universe – are becoming attainable now. The question is: does humanity possess the stirring ideas, the wisdom of foresight, and the necessary potential for action, in order to create a culture, that can march in sync with this transformational phase of our planet? In the midst of intensifying ecological crises, Marko Pogacnik is opening up hopeful perspectives for us. After decades of intense work in the field of holistic ecology (geomancy) and earth-healing, he is now designing a vision of a culture, which is supported by co-operation with Gaia (our Earth), its elemental worlds, and creatures from parallel evolutions. *Creating a Gaia Culture* is also a handbook containing dozens of drawings and meditative exercises, while helping to awaken a lively imagination and to transcend mental obstacles.

Marko Pogacnik – UN-ambassador for Good Will and UNESCO Artist for Peace – offers us numerous possibilities for working together on the process of creating a new Gaia culture. He is allowing us to glimpse an original source for the future, by decoding the old scripts of the biblical apocalypse – a text, which hides the secrets of earth change in a coded vision of a new civilisation – while reaching deeply into his broad wealth of experience, his visions and nocturnal dreams, and last but not least his imaginative exchanges with beings of parallel worlds, in order to initiate images that may allow a new human culture to become a tangible reality.

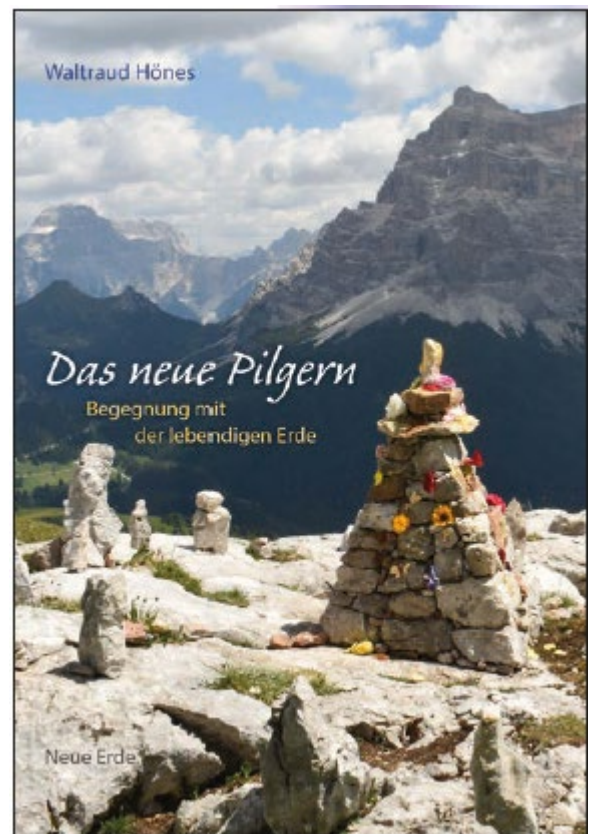
Marko Pogacnik is probably one of the most noted geomancers of our times. He is the author of many books on earth-healing and a co-founder of the School for Geomancy 'Hagia Chora', as well as being a sculptor and land-art-artist. Ever since travel has become curtailed, he has developed a telepathic form of workshops within the framework of the LifeNet-Network. Since 2005 he and his co-workers have been building a worldwide project of *Geopunkturkreise* (geo-puncture circles). In 2016 he was awarded the title UNESCO Artist for Peace. www.markopogacnik.com

A NEW PILGRIMAGE

Encounters with the living Earth

- Walking and Climbing as a spiritual path
- Paths to a new dimension of a Love of Nature and Connections with Nature
- A myth as the soul image of our present radical change and upheaval

This new way of going on pilgrimages, as practised by Waltraud Hönes for many years and described in this book, deals with an awareness of the living Earth and is a homage to Her. Here we are dealing not in the first instance with our own wellbeing, but with a change of direction toward the natural world and a reversal of our attitude. The landscape is no longer there simply in order to feed our souls; rather we are the ones who, through loving attention and dedication, can give something to the Earth, thereby entering a living connection with her, in which taking and giving are in harmony.



Is it not high time to be taking different paths? The new way of going on pilgrimages, where it is a matter of experiencing the Earth as a living being and entering into an alternating exchange, may well be pointing the way ahead for a future for us humans where life is worth living, to be on and with the Earth. We need to embark on discovering a greater Self, where we know we are connected with the one World Soul. This requires an expansive view and contributing towards us humans connecting again in a 'proper relationship' with the Earth, where we are able to sense its sacredness. If we conduct our pilgrimages in this spirit, we will contribute something towards those enchanted locations we visit, instead of merely taking away something we want. We will *give* to them out of the joy of giving that allows our hearts to become crystal-clearer.

The heart is the gateway to the soul, which blossoms when we, as new pilgrims, embark on the seven gold-silver-rainbow-paths to reach the incomparable shining stone of this newly resurrected world myth of *Fanes* in the Dolomite mountains introduced in this book. As an example, we are accompanying a group of pilgrims from different countries, *en route* in a grandiose landscape, collecting our first experiences on these brilliant soul paths, and receiving teaching about the mythical figures accompanying us.

A practical section of the book provides instruction on how we ourselves, no matter where we live, can begin with this new way of making pilgrimages and starting with the lifestyle belonging to it - all of this in order actively to contribute towards a cultural and spiritual renewal.

Waltraud Hönes, born 1964, a *Curandera* (shamanic healer), ceremonial artist and book author, is the founder of the *Wayna Fanes* tradition and of the group *Dolomite Ayllu*. After completing studies in psychology at the universities of Würzburg and Konstanz (Switzerland), she continued her studies in California (USA) with leading members of the discipline of transpersonal psychology. She then completed a decade of apprenticeship with the Peruvian master ceremonialist and *curandero*, Oscar Miro-Quesada. Waltraud Hönes teaches and heals all over Europe, leading ceremonial workshops and pilgrimage seminars, especially in the Dolomites where she lives. As a pilgrim for the renewal of our relationship with the Earth she, together with the *Dolomite Ayllu*, looks after a network of more than a hundred sacred sites. www.waynafanes.org.

A TURNING POINT IN HISTORY – DIMENSIONS OF AN UPHEAVAL

An inner perspective of change

- A determined breakout from the prison of our formulaic thought patterns
- A shake-up concept for overcoming our destructive mentality and toward holistic ecological understanding and effectiveness
- The wake-up call of a child of the new millennium

They are rare, but they exist: moments when something you read deeply touches you, stirs you up, and creates a kind of ‘suction’. With this book, the young Nora Philine Hansing lifts her voice and unleashes cascades of words that shine out in a language of hypnotic power, which has an immediate effect on our soul world. This is her message: We must demand back our soul life in this soullessly mechanistic, life-threatening, digitalised and commercialised world. That turning point to a life in a new era will not succeed without effecting a deep inner turnabout. Such an inner perspective is what this small, but so content-rich, book opens up to us.



The world is experiencing an upheaval. Hardly anyone will be unaware of this realization. However, we are standing at the very beginning of a transformation, which incorporates far more than an outer restructuring of existing things, because we are all involved, on a collective level, in stepping into in a new form of mental and spiritual consciousness. This is being signalled through ever clearer manifestations, and it even marks the beginning of an ascent into a continuing evolutionary step of being human.

In departing from this point, the ‘turning point in history’ spans an arc from that destructive mentality alienated from the Earth, which is forming the collective Zeitgeist of the present, via the quality of a deep-seated upheaval in consciousness, toward the possible regeneration of the structures in our world.

By opening up the inner human mental dimension of this upheaval, which is the subject of this book, we not only see a hitherto unseen perspective of change, but the book also becomes a signpost for the spirit and the soul on the path to a new age.

This book is meant for all people on our planet. Those will feel especially addressed, who have already started dealing with the collective consciousness changes and global transformation on a structural and spiritual level and are familiar with spiritual attitudes. In order to be able to take up the message of this book in its multi-layered aspects, a certain openness is required for a more complex language, as well as the readiness to question one’s world view hitherto, and in order to expand new perspectives.

Nora Philine Hansing, born 2001, also connected her spiritual practises (yoga, Chi-Gong, meditation) with her engagement and work with the protection of Nature and the environment (Extinction Rebellion; Fridays for Future) and has spent a lot of time, continuing her education through reading literature dealing with holistic, socio-critical, transformative connections with sustainability. Equally formative were, and still are, her intensive personal experiences in Nature. She grew up in Heidelberg, and now lives and studies in Leipzig.

RETURN OF THE MOTHER

Return to Love

- Working on the web of light carries on, ever deeper
- Encounter with the Divine-Feminine
- Stability and healing in an unstable time of hopelessness and confusion

The female principles of caring and togetherness should become again the supportive foundation of our lives, and it is the women, in particular, who need to find these principles within and strengthen them. For far too long, the male principle, characterised and reinforced by rational thought and mechanistic linear thinking, has dominated the Earth. Today, because it has got completely out of control, it is threatening to tear everything into the abyss. This is why the Grandmothers have come to us. They are a manifestation of the Divine-Feminine, and we will be encountering her in this book too – the Divine Mother, the Heaven-and-Earth-Mother.



After the great success of the previous three volumes, the last and final volume is now following on, containing the teachings of the Grandmothers. Sharon McErlane met them in the spirit world and has been communicating with them for twenty years.

Throughout this time a worldwide network of groups of Grandmothers was created, all of whom work with the web of light. Of course, they are not the only ones, because the web of light is universal. Nevertheless, they have succeeded in the work they have done, building up a strong, nourishing network of female power.

Sharon McErlane keeps on returning to a point, where she becomes close to despairing of the state of the world, but every time, the Grandmothers point out to her that innermost self, her indestructible core. Here, in her heart, dwells the Divine, Love, the original Mother, and this bond with our innermost self can always be reforged and reconnected – any time.

This bond with the nub of the wheel, one's innermost self, enables a woman to re-establish her role within the nub of the human community. Patriarchy had ousted women from this position, but that meant that all humans, including men, lost that inner stability and outer cohesion.

As the Grandmothers say: for far too long women, the natural reservoir for Yin on our planet, have no longer been in their central position. Once they had been ousted from their position at the nub of the wheel and they had lost their bond with their own essence, Yin energy on our planet also got out of balance. And because the emptiness which arose, when Yin was removed and was filled up instead with Yang, the Earth now has – instead of that harmony between Yin and Yang - something like a double dose of Yang.

Nowadays, everything is about change, fast movement, and full of violence. Because creation is not set up for such one-sidedness, everything on Earth has gotten out of sync, out of balance: plants, animals, water, air, human society – everything has been deeply damaged by this lack of harmony. At this moment in history, this book is announcing the return of the Mother and the return of Love.

Sharon McErlane was a teacher and marriage and family counsellor for three decades. In her work, she concentrated on leading clients and pupils toward techniques for spiritual and emotional integration, in order to accompany them on their life's paths. She teaches shamanic journeying and travels worldwide to speak to groups and communicate the messages of the Grandmothers. She is married, has two adult children and lives with her husband and a Golden Retriever in Laguna Beach, California.

AWAKENING AND LIVING FEMALE CONSCIOUSNESS

How women and a men bring soul, heart and compassion into their lives

- ▶ How women and men make their own feminine qualities matter
- ▶ How we overcome splitting-off and separation and nurture and maintain the qualities of our hearts
- ▶ Embarking on a topical, central theme of our times

Standing up for the feminine principle shows how to embark on a new path, by means of forging a link to our essential nature through our own experiences, and thus gaining the ability to live our lives from the intelligence of our own hearts combined with universal knowledge. In this way, we are able to create a new deeply human togetherness that includes everything. This can really only happen out of an impulse of leadership from feminine hearts, which then directs male reasoning: this will represent an inner role change of leadership – for women as well as for men.

In this, our world, we are lacking peace, love, and compassion. This is the feminine side of every woman and every man. We have all allowed male reasoning to take over in us. The feminine principle is 'lying on the ground', and nobody really wants to have anything to do with it. The world is directed toward efficiency and, long ago, we saddled *feelings* with a flavour of weakness and uncontrollability. A thick defensive armour, donned with extreme harshness toward ourselves, prevents us and others from gaining access to our gentler, softer, affectionate, and thus, our deeply human side.

This book demonstrates how it can become possible, employing understanding, compassion and reconciliation, to make our defensive armour dispensable. In this way, we consistently become closer to our essential core, experience security from within ourselves, and thereby access our infinite potential for love, which is our real essential core. We find out who we really are and what we are capable of - here.

The world is holding us captive in duality, and it is up to us, to walk with determination that path toward consciousness of unity. I am the Other, this is our wisdom of the heart, the original feminine in us, and our connection with all humans, and with the entire Earth. It is about living this consciousness of unity, representing an evolutionary leap of humankind toward peace with ourselves and with all others. If we decide to live from this potential, we will arrive at quite different solutions for our planet and for each other.

Eva-Maria Zander, born 1955, after studying education for special needs, worked as a teacher in schools for special needs, also running her own institute for speech therapy and special education for nearly ten years, as well as spending a few years as a lecturer at the University of Flensburg. She also trained in applied kinesiology and has many years of experience in meditation. Since 2017, she has been a teacher of Mindful Self-Compassion MSC. Today she lives near Berlin.

www.evamariazander.de



EMOTIONAL BODY MOVEMENT

Using your body to access your soul

- Easy to learn physical exercises for a better life
- Sensing your own body and nurturing (and healing) your soul
- Teaching from a very versatile practitioner

Klaus-Ingbert Wagner developed 'Emotional Body Movement' from his many years of experience. Within these exercises, ritualised movements from Chi Gong and Tai Chi are coupled with physical-psychotherapeutic elements of Gestalt-therapy, and together with voice. Each exercise has a particular effect on inner-soul processes, has a strengthening effect on one's emotional wellbeing and leads to more *joie de vivre*, the ability to act effectively, and to confidence in life.

The book describes 15 basic exercises along with the respective part of the soul being addressed, divided up according to the effective mode, and presented for the layperson. There are also hints and advice for therapists.

For the person carrying out the exercises, the subject matter is organized with a view to combining once again the entirety of the mind, feelings, and the physical body, thus inducing a natural healing process, or to keep fit psychologically and physically. Each exercise represents a particular life theme, is described in detail in the book, and the individual movements are depicted with illustrations that are easy to understand.

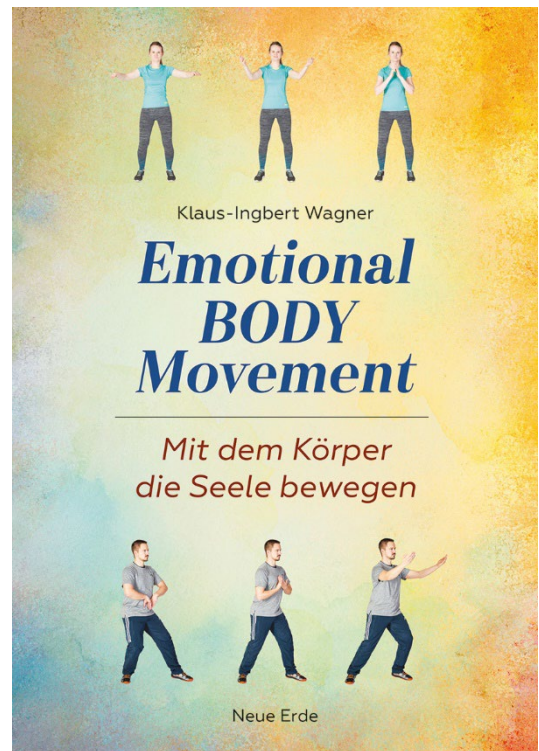
The 15 exercises are classified according to the following themes:

- Exercises for stabilization and strength
- Exercises for *joie de vivre* and opening
- Exercises for release and action
- Exercises for decision-making and clarity

Such a direct connecting of Chi Gong and Tai Chi with psychotherapy has hitherto not yet been presented in this form. The exercises are intended to create a connection between body and soul. This renders the exercises very close to those of physical psychotherapy and Gestalt therapy.

Klaus-Ingbert Wagner, born 1967 has, for many years, been occupied in depth with a variety of methods of self-realization, Far-Eastern energy and meditation techniques, psychotherapy, and naturopathy. He lectures on therapeutic training, leads a Tai Chi school, is a teaching therapist for systemic constellations (DGfS), a supervisor for DGSV and a leader in group dynamic (TOPS) [Translator's note: DGSV and TOPS are various types of associations for professional bodies.]. Klaus-Ingbert Wagner, together with his wife leads the courses and a training centre called *Zukunftswerkstatt Amberg* (Amberg Workshop for the Future).

www.zukunftswerkstatt-amberg.de



HOMEcomings – fetching back your soul!

A magical story for your personal awakening

- A story of transformative power
- Spiritually deep, but still easy to read
- An adventure which could really have you becoming addicted

An unexpected encounter with the wise vixen Shuriya shakes up accountant Leandra right in the midst of her mid-life crisis. What Leandra does not realize, is that Shuriya is her own soul which, in the guise of the enchanting animal, gently makes contact with her and will lead her, step by step, through much-needed realization processes and self-reflection. Leandra begins to see and to feel, what is really carrying her life and the world: love and consciousness.

Homecoming is an educational story in a dialogue form, which will activate the right side of the brain and thus inspire the female-creative side and the dreams of readers of both genders. The inner images lead one directly into a treasure trove of one's own wisdom.

Within thirteen chapters, central tools are presented by the protagonists, which both female and male readers are already able to utilize while they are reading; the aim is to eliminate all negative scripts from their own subconscious minds and to be able to lead a liberated, self-determined life. The wonderful result of this will be healing and the return of the soul.

The idea for the book took shape in an intense encounter and dialogue with the touching messages from Lazaris, who has been channeled by Jack Purcell (USA) for many years. Humanity is standing at the threshold of a new era. For the first time in human history, a global atmosphere is being created, which it has never hitherto existed – through co-creation with the Creative Force and through innumerable individuation processes by individual people! The reader is able to identify with part of this grandiose experience and understands that she/he is directly involved.

One reader wrote that she was yearning for a book, for its progress, for individual sections and messages – really yearning, until the possibility presented itself for carrying on with reading. “I never expected this would happen. Now this book has come along and has swept everything aside: these truths are making me *yearn*.” Joana Lisa Braun's book is full of deep wisdoms – even uncomfortable ones, as they are often the ones that lead to real healing. It is a far-seeing volume, and has an elevating effect from the first word to the last. The wise vixen enables chunks to be digested; colourful and joyous moments dominate, as well as the ability to convince the reader. It is a work that has healing power, in an indescribable way, even while you are reading it.

Joana Lisa Braun, born 1966, is a trainer and life-coach, with a practise for individual coaching and body work at Seelisberg-am-See, in Switzerland. Her main profession is working as a directorial assistant in the only Ayurveda Health Centre in Switzerland. She found a source for deeper understanding of the world and life, in addition to the Lazaris messages, in the fount of knowledge from Lemuria. Her first book (in the German language) connects the very fundamental wisdom of Lazaris with personal insights and experiences with healing.



SPIRITUAL AWAKENING - *between frustration and flow*

- A volume for spiritual seekers
- Illuminates ego-traps on the path to awakening
- Shows ways to access new stages of awakening

***Spiritual Awakening – between frustration and flow*, at this extraordinary time, stands for waking from a twilight sleep of attachment and illusion toward a divine essence. We are no longer dealing with the self-optimisation of individuals in the sense of wish fulfilment and immediate healing, but with the harmonious greater whole of the entire creation, in which everyone must take on responsibility. This volume describes the individual stages of the awakening human consciousness on the spiritual path and helps humans with experiencing these stages.**



What is genuine spirituality and what are concepts of it?

How may we integrate the Light which *we are* within our Being with the Shadow we find in ourselves? Am I really glad to be on this Earth? Can I exist without my guru? And why is it that it is the 'light workers' more than any who suffer the most? What is spiritual sustainability and how may I *live* the essence of it in my daily life? Why is it healthier to act out the 'divine' fury, rather than covering it up with the illusory blanket of Light and Love? How does illusion and spiritual hubris appear to me, and in what disguise? The spiritual path of awakening is the journey of the 'pioneer' who, balancing between frustration and flow, gradually allows his mask to fall in the great game of life. After letting go of ego-attachments, she/he will courageously walk in full consciousness through the "dark night of the soul" and into a catharsis of clarity and truthfulness. She/he will recognize herself/himself by the qualities of the heart and will move through the true divine nucleus into the Flow and into Being-One. The text is imbued with the energy of the Hathors and is marked by the personal experiences of a very lively spiritual path which the author has been treading for more than twenty years. This book is not wanting to "clear up", but rather illuminate matters from all angles and cast aside veils – in a manner that is full of humour, lovingly, with understanding – and even sometimes with a good portion of strictness...

Spiritual awakening is equally both frustration and flow, a blissful lifting up, as well as plunging into base earthliness. It is chaos - brought back into divine order. You will experience tests and challenges, will deal with this in a more or less elegant manner, will rest in oases of lightness and lack of effort, before everything – in a new guise – begins again...from the start.

Michaela Fischer studied German (Germanistik) and English (Anglistik), then completed training as a radio and television journalist with the Hessian radio channel. As an independent co-worker, author, moderator and reporter, she also worked for the ARD (German TV and radio) with an emphasis on education, culture, food, alternative medicine and spirituality. Nowadays, she writes books and gives seminars, delivering a radical, simple, and unembroidered spirituality, as well as leading retreats for the "golden path" into a new consciousness.

www.michaelafischer-spirit.de

SIGNPOSTS OF THE HEART

Harmony in images and text present instruction and inspiration for your life and the New Age

- Images that convey inspirations
- Texts that open doors
- Cards which accompany one into the heart

These inspiration-cards invite you to open up your heart space. Empathetic texts and impressive images remind us of the depths of our soul and of the treasures which are hidden in these, its depths.

Deep yearning exists for passing along the way of the heart. Very often, we are moving in circles, get stuck at crossroads and don't know how to carry on. Based on our one-sided, biased, and much too complicated ways of thinking, we often block our own paths to moving on. It is all about stopping and resting regularly, breathing, feeling, being aware, step by step meeting oneself in a new way; the willingness to explore that inner space. Words are spoken from the heart, and worlds of images are created from the stillness. Together, all these unfold real effects and lead us gently back to trusting in one's own strength.

These cards are reminiscent of a dimension of the personal Self, which goes way beyond thought; they penetrate superficial veils and lead spirit and reason to their own source – the heart. Our path unfolds within.

Through simple steps, 'the signposts of the heart' we fortify recognition and connectedness and awaken inner clarity. We are – the path, the truth, and life.



Ella Probst, pathway companion and creative coach and therapist, born 1965, had already explored her own path of the heart when she was young. Her constant theme and task of accompanying people on their life paths and to be supportive, personally led her to a deep fount of experience. She trusted and followed her own inner impulses, to connect with and persuade people to, once again, lovingly meet their own inner impulses.