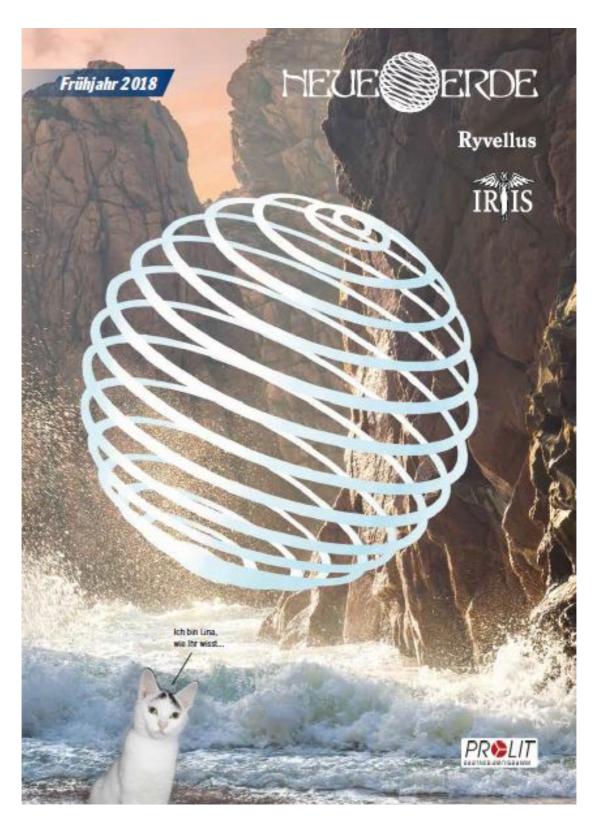
RIGHTS GUIDE SPRING 2018



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The Big Book of Dreaming

How to sleep and dream well

- Up to date status of research on sleep and dreams
- From an expert in the field
- Includes many dream cases and practical advice

This comprehensive handbook can help the reader achieve healthy sleep and could open a path to unlocking the rich potential of our dreams. The volume represents a successful combination of well-based, up to date expert insights, easy reading and numerous tips and suggestions. Turn your night's sleep into a rich field of experience with wonderful dreams.



The very first chapter demonstrates the author's wealth of knowledge on the subject matter. She introduces us with an easy-to-read style to topical issues around sleep research, providing a multitude of tips on achieving healthy, beneficial sleep.

The second chapter leads us into the realm of dreams – what are they? How do they arise? What kinds of dreams are there? In the third chapter she introduces us to dream symbols and their interpretation, bearing in mind that they are less about giving fixed meanings to the symbols, but rather to understand the language of their imagery. Finally, the fourth chapter leads into the wide-ranging dreamworld, to altered states of awareness and expanded consciousness, dealing with such themes as dream-telepathy and warning dreams. The book is a successful combination of well-based topical knowledge, easily accessible language, together with tips and suggestions. As a comprehensive handbook it can help achieve good sleep and may open the gateway to the rich potential of our dreams.

Annekatrin Puhle
The Big Book of Dreaming
How to sleep and dream well
Paperback, 256 pages, 170 x 240 mm
€ 22,00 - ISBN 978-3-89060-719-1

Annekatrin Puhle studied philosophy, ethnology and comparative Indo-European philology and graduated with a Ph.D. in Philosophy at a Berlin University (FU) in 1986. She is a medically trained and certified health advisor (GGB e.V. Lahnstein), and holds certificates for training in the fields of naturopathy, aromatherapy, Bach Flower Remedies, physiodiagnostics, Reiki, and Kriya Yoga (SFR), among others. She is also involved in wide-ranging advisory and seminar activities. From 1996 onwards she has been involved with internationally funded research projects in marginal areas of science (extra-ordinary experiences; dreams); a guest lecturer for Consciousness Studies at Goeteborg University in Sweden.

Finding your Soul Path SOULPATH-training

- An enjoyable way to practise
- · Getting your life to flow again
- A practical method which really works

Every human being possesses that inner compass, which leads him/her on their soul path. If one diverts too much from the path, life becomes arduous and difficult.

This little exercise book may help us to find our way back to our path, that original path of the soul. With this SOULPATH-Training Kira Klenke has developed an extraordinarily practical method, through which we may intuitively sense what is necessary for us to live a fulfilled life, so we may rise every morning full of joyful anticipation.



Every human being has their own definite soul path. Really, we should be following it quite automatically and intuitively – like migrating birds, for example, as they make their way from Europe to their winter quarters in Africa. Often, however, and sadly we do not do this for a variety of reasons. And if the life path one follows diverts too greatly from the original/natural soul path, then life becomes difficult and (unnecessarily) strenuous. This book can show us our lives hitherto in a new light. It may support us in unlocking our own personal soul path and then following it. The unique feature of this book is its empty pages. They are always there where a generalized text would not do justice to the individual life path of the reader. These pages in particular are quite something else. There we may find individually conceived advice, tailored to our life situations and needs, which would not be accessible with our standard ways of thinking.

The real power of this book may unfold, if we are able to make it our own personal instrument with the help of the empty pages. Then we may gain the experience of being able to trust our intuition, our heart, and the call of our soul.

Kira Klenke
Finding your Soul Path
SOULPATH-training
Paperback, ca. 144 Seiten, 120 x 180 mm
12,00 € ISBN 978-3-89060-726-9

Prof. Dr. Kira Klenke, b. 1955, is a mathematician, and has been a professor for statistics for over 20 years. She is a certified NLP teacher trainer. Her first book, a self coaching advisor for students in 2013, was sold out just a few weeks after publication.

She has a heartfelt wish to help people to get rid of redundant life patterns and to unfold their full potential. Since 1984 she has been involved with yoga, energy work, and shamanism. www.kiraklenke.de/soulpath

Companions of the Heart

Messages from the Realm of Horses

- For all those who communicate with horses, or would like to
- Poetry and wisdom together with moving illustrations
- A wonderful present not only for horse lovers

Our animal companions are not part of a "lower nature"; they have soul and consciousness. Anybody who has ever felt a heart bond with an animal knows that. Pia Rennollet has succeeded in clearly experiencing animals in herself through this heart bond. She has "heard" horses speaking within her and has written this down. This is not a matter merely of a connection between humans and horses, but also deals with the big questions about our living together in the Natural World and finally about our survival on this planet.



You want to ride, but you don't know what it means to allow yourself to be carried in a trusting way. How close do you need to be for that?

You think of yourselves as so important. You see yourselves as centres of the world. How can you be a centre, if you don't even know your centre?

You may observe the World from the back, from the front, from the side, from everywhere. But if you are observing the World, you are outside it, not in it. We do not observe. We are. We live. We are always inside, always in it. We are part of it.

The hearts of humans are so pure and beautiful. It is sheer delight. So much light. Such radiance. That feels good to us. We feel good. And we want to be with you. I know, there are hearts, which are dark. I have experienced them and suffered from them. Something broke there, through the suffering. But that darkness is only around the outside. It can never reach the nucleus. The nucleus, the heart, remains – Light.

Pia Rennollet
Companions of the Heart
Messages from the Realm of Horses
Paperback with flaps, 96 pages,
with 16 color photographs, 120 x 180 mm
12,00 € - ISBN 978-3-89060-737-5

Pia Rennollet lives in a small community close to the Franco-German border, near Zweibruecken, passes on her knowledge in courses, looks after lots of horses (some of which she has liberated from being kept in cruel conditions), and helps on an organic farm. She has been initiated as a reiki-master and in a teaching grade. She can be [gap here – not online on my German printout] contacted through the publishing company.

Healing crystals and their signatures Integrative crystal healing

- The building of a long-awaited bridge
- Connecting natural sciences and the arts and humanities
- Understanding the nature of crystals through their signatures

The work introduced here about the signatures of healing crystals for the first time offers a possibility for providing a basic meaning for how crystal healing may work. The key lies in the methodical, neat expansion of natural scientific research results in mineralogy and medicine for a perspective from the field of spirituality. Through this work it becomes possible to check whether an indication for a mineral suggested in the literature may appear plausible or not.



To begin with, Bernhard Richter discusses the subject of crystal healing and its critics, using a scientific point of departure together with an expansion into the field of spiritual science. Then he introduces knowledge about signatures and how it helps us to understand the nature of minerals.

He describes the tripartite divisions in humans and the parallels in the mineral kingdom, those earthly and cosmic powers of imagery, as well as the antagonism of the sulphur and salt process. In this way, we are able to gain a spiritual perspective on the nature and biography of a mineral. Helped by this angle, and using the example of Malachite, he illustrates how one can explain, with possible analogous conclusions, the effects on the human body. Bernhard Richter here sketches an expanded image of humans with a new understanding of disease and health, which leads to "integrative crystal healing" based on spiritual science. Here he is opening a door to a broad field of further research, which could ensure an acknowledged place for crystal healing among naturopathic methods.

Bernhard Richter
Healing crystals and their signatures
Integrative crystal healing
160 pages with many colour photographs, 146 x 208 mm
22,00 € - ISBN 978-3-89060-736-8

Bernhard Richter, b. 1961, lives with his family in Plech (Upper Franconia). He studied Literature and Philosophy and works as an editor. Aside from his main work he has trained as a non-medical practitioner. His children went to a Waldorf School, which led him to becoming involved, at first in a critical way, with Anthroposophy. This in turn caused him to penetrate more deeply into this 'spiritual science', especially into mineralogy (geological earth ages) and anthropology, both of which fascinate him. He has been involved with the study of minerals and healing crystals for two decades. He is very keen to lift Crystal Healing out of its peripheral position. Numerous personal positive experiences with healing crystals – also among his circle of friends and acquaintances – have convinced him of the effectiveness of healing with crystals.

Translation: April 2018, © Astrid Mick