

RIGHTS GUIDE FALL 2023



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Arwen Osmani

Foreign Rights Manager

Neue Erde Verlag, Cecilienstraße 29, 66111 Saarbrücken, GERMANY

E-MAIL: arwen.osmani@neue-erde.de

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ROOTED IN GRAVITY

The Upright Human

- The birth of a simple but extremely effective method
- Being upright and “standing to attention”
- Being upright and achieving a clear focus.

A living body, in which gravity is consciously *integrated*, feels different to a body where that is not the case. A physical system, in which gravity is fully integrated, is in equilibrium. That does not affect merely the physical body. All emotional experiences with their inter- connected patterns which, in part, are expressed through one's posture, can be newly organized through integration, in effect representing a self-healing process. The individual no longer feels oppressed or trapped by dramas created from his/her rational thought. Embedded between Heaven and Earth, the human being stands upright in Life – with awareness consciously experienced in the here and now. Transcending all life situations, means being able to live one's Life with grace in every situation.



It is astonishing what changes both physically and consciously in a human being, when he/she becomes properly upright, in a vertical mode.

The book tells us all about the meaning of being truly upright and what power lies in being ‘earthed’ and resting in one’s pelvis. The author describes this regenerating effect, in an easily understandable manner, how gravity works on the human body, both on a physical level, as well as a spiritual level. This can be done with easy exercises, which invite one to continuously, and in full awareness, adopt the direction of a vertical axis. Thus, gravity may work through the body, in a way that is natural to one’s posture and is also experienced as empowering.

The effects of these exercises are multiple. Some people report spontaneous release from pain, others describe deep meditative states. Some people even report feeling a fundamental relaxation in every-day life. On the one hand, the book builds on solid medical knowledge and many years of experience with physiotherapy and additional holistic orientated therapy practices, but also uses yoga experiences, various meditation techniques, quantum healing and personality development. Thus, the book creates a synthesis of basic anatomical knowledge and spirituality.

This volume is unique, because gravity has enjoyed far too little attention as a regenerating energy. The reader will experience an exciting journey to - herself or himself. As LaoTse once remarked aptly, “Gravity is the root of grace.”

Berino Schmid completed classical massage training and followed this with studying physiotherapy. Additional courses in yoga, quantum physics, somatic psychology, breathing therapy, practices from Feldenkrais, awareness training, mental training, and the structural integration of the latter led to his own concepts of holistic therapy. He has spent 20 years accompanying people on their path to healing and wholeness, both on physical as well as spiritual levels in the form of coaching and individual treatment.

www.berino-schmid.com

RECOGNITION OF THE SOUL, HEALING THE WORLD

- A reading experience which awakens and captures the soul
- A fascinating, deeply touching stream of thoughts
- Orientation for directionless times

Recognition of the soul is sourced from the conscious awareness that we are, at present, in a spiritual transition, both on an individual as well as collective level. This book has been written with the aim of reminding us humans, in this time of crisis, that any kind of transition process which we may presently be experiencing is an expression of a deep-reaching spiritual transformation process, which is taking place on a mental-spiritual level and is also happening on a consciousness level. All of this is taking place through a process of re-acknowledging ourselves as cosmic light beings, who are led and imbued with universal intelligence.



Through opening a perspective of being in the present - as a wonderful time of ascension into a new consciousness, beyond fear and violence, we are entering a new understanding of Love and All-Connectedness which is the most natural thing in the world. This allows us to see, both humans and the World, in a completely new light. It demonstrates all system-related things of a despicable nature falling away from us, if we open ourselves up to the greater, universal truths of being human. This recognition of the soul is leading us in an encompassing manner and through different points of view, which are representative of the present changes within the World, and is able to illuminate these from a soul-consciousness level.

In this way, the book provides a path, as explained therein, to a new reality which may manifest spiritually on all levels of human experience and earthly life: Love; Peace; connecting to all Life on Earth; knowledge and science; individual and collective empowerment, and the co-creation of a new world – a soul world within and without. The book also shows how each individual one of us can attain this soul-consciousness, feel it, and unfold it.

The book, which has been, for the large part, written from this soul level and expressed in the language of soul-consciousness, represents an opening up of a higher, decisive meaning of soul-consciousness for healing of ourselves and of our existence here on planet Earth.

Nora Philine Hansing, born 2001 in Heidelberg, sees herself as a Child of a New Era, who have arrived in order to remind us humans of the spiritual truth of the soul, and in this way, to enable healing transformation on the Earth.

Her spiritual experience and her practice have always been bound up with the goal of opening up individual as well as collective consciousness of humans to their soul energy, as an initiation, thereby achieving a new equilibrium between Earth, Nature, Spirit and humankind. Her own spiritual experiences and that connection with an inner Soul-Truth comes from her own greatest source of creativity.

www.revolutionderseele.de

THE TAO OF TECHNOLOGY

Meaningful Science and Technology as a spiritual creation process

- A fascinating new view of technology
- From an IT technician and expert who is at once an adept in western wisdom traditions
- New perspectives for a technology obsessed society

This book illustrates and integrates spiritual sources (from Pythagoras to Heisenberg) and technological roots of our modern world (from IT to A.I.). An integration of three areas of thought are created here, these being socio-cultural developments (Jean Gebser), ecological limits of growth (Dennis Meadows) and the technologically driven upheavals and radical changes (Ervin Laszlo). This total image makes clear the very necessary joining of knowledge and wisdom, both as an individual and social task. An actual spiritual development towards awareness of meaning is explained and practised with essential exercises and examples. Creativity and meaning become keys to social survival and individual meaning for life.



Where is the journey of our society heading? Is there a goal or even a meaning? And who is determining the course of direction? Tao can be translated as “meaning”. This volume is a spiritual sign post for meaning in our modern technological world. The “limits of growth” are creeping ever closer. Wisdom is lacking in what we are doing. Consciousness as a decisive reality is being ignored. The example of energy transition is bringing us face to face with the dangers of restrictive thinking, clearly confronting us with the reconstruction of our social norms and ways of living. We are being confronted with global challenges, because we are not wanting to leave our very narrow thought patterns behind.

When we look closely, however, we do notice the first indications for a creative renewal. We are meeting the spiritual dimension of reality both in modern physics, as well as in the experiences and insights of mystics. Engineers and technologists have a great and often misunderstood responsibility for this spiritual transformation, away from meaningless partial solutions and towards holistic and meaningful total systems.

Meaningful solutions may lead this integral rising of consciousness, on a path of the evolution of socio-cultural consciousness to a new flourishing.

Günter Stock, as an engineer, has dared in this book to create a bridge from technology to spirituality. He has something to show for both fields in his own personal journey: as an engineer successfully working with a team on economic and ecological optimisation of energy systems. He has been working with western wisdom traditions and eastern spiritual practises for 40 years.

THE YOGA ORACLE

Know thyself

- For all yoga practitioners
- A new introduction to yoga
- The oracle as a departure point for yoga life wisdom

The pathway of yoga is multi-faceted, as life is, and just as are yoga postures and yoga exercises. The oracle integrates yoga teaching, chakras, and asanas, as well as the five elements *with* our life themes. Each of the 36 cards illustrates a yoga posture and connects them with the themes that accompany us on our life's path. The book is an introduction to yoga, while each yoga card provides a detailed explanation as well as a thoughtful oracle text. The cards are divided up – analogously to the five elements – into five groups of seven cards each which mirror the seven chakras. The master card, the 'OM', completes the 36-card deck.



Andrea Wichterich has dedicated her life to the research of alternative healing of different cultures and Nature. She employs seminars, yoga courses and her practise to remind people of their essence and connections to all that exists.

Reiner Angermeier is a yoga teacher, meditation teacher, alternative medicine practitioner, certified social worker, author, bee-keeper and friend of the natural world. Our bond with Nature is a red thread running through his activities and his life.

Together the authors conduct sweat lodges and train forest-yoga teachers.

ARCHETYPES OF FEMININITY

Unfolding your own Empowerment in Every Phase of Life

This deck of cards is inspiring, functions as a path-finder and reveals which of those ancient feminine principles may be activated or integrated within you, in order to gain energy for your different life and transformation phases.

- Power cards for manifold usage
- For awakening and unfolding ancient feminine energy
- For reflection, meditation and contemplation

The harmony between male and female aspects is the basis for a genuine empowering existence. As a first step, we women are invited to consciously re-acknowledge, activate and live those ancient powers. It is more important than ever before that every woman takes her place, places her own authority in the centre, and thus forms part of our changing times.

The deck contains 56 cards

8 wisdom cards

12 female archetypes with their powers

12 female archetypes as they can be translated into the life we are living

12 cards calling for awakening

12 transformation cards

The front of each card depicts a hand-painted energy and colour design together with the theme of the card in a brief text. These empowering and intuitively designed cards are effective through their energy and the power of the colours. They connect us with our feeling nature, and they inspire and teach in their own wise way. The book provides explanations, affirmations or questions for every card. The textual references are deeply thoughtful, empathetic, inspiring, and address the essence of the subject matter.



Manuela Gyr-Abt loves humans, Nature, colours and creativity. She works as a coach in her own practise "Brennpunkt" (Focus) on life themes and the space for 'heart-power-creation'. She works on empowering many women in concerns about personal love, strength and joy. She is married, is the mother of two children and lives with her family on Lake Zurich.



Buch mit 56 Farbkarten

The healing power of colour

Colours and images are able to influence our physical, emotional and mental wellbeing in decisive ways. On an energetic level they affect our chakras and the body's energy field. The set of cards describes how the effective way of our energy field and our chakras are working. Colours and images can be used in a targeted way, in order to fortify the body and soul and to conduct a healing process. Each individual colour has its own amplitude and wavelength, which is transmitted to us. Even physical or psychic energy deficits, which we "need at the moment", can be transferred and ameliorated through the effects of colour.

- A classic, much in demand
- The cards themselves have a healing effect



This detailed book conveys everything we require for employing the card set in practical and varied ways. The illustrations on the set of cards deal with healing and energies on different levels and were created in the medial, illustrative technique of psychic painting. The set of 68 cards shows, in what areas of life that energy transformation is required at any given moment, and will activate or reassure through a complex interaction of colour and image content. The book also provides the reader with basic explanations for each card and every subject matter, as well as practical and creative inspiration for fortifying those energies. The book also provides deeper information on the meaning and effects of the individual colours and an introduction to chakra teaching. Each and every card is introduced through a detailed portrait of its physical and mental aspects. Numerous practical departure points invite the reader to utilize the specific energy colours of the cards.



Türen öffnen sich



Heilsschwingung



Auflösung alter Muster



Kosmische Verbindung



Natur – Kraft der Erde

Sigrid Meggendorfer studied design technology, illustrating and painting, as well as training in psychic painting – hence the creation of the cards. She also underwent training in mediation and studied the practise of art therapy; also training, among other things, in psychotherapy and shamanic energy fields. She lives and works in Munich and in the "blaues land" ('blue land') on the Staffel Lake. More on her website www.sim-artwork.de